

RELEASE AND CONSENT AGREEMENT

Holistic Health Therapy strives to educate in the Art of Self-Care and is usually sought by those who seek optimum physical, psychological and social well-being. The variety of therapies and techniques involve improving nutrition, reducing stress, eliminating self-destructive habits and lifestyle changes to enhance physical fitness, mental alertness, proper mental attitude towards others and an awareness of the wholeness and sacredness of the environment and ourselves.

All clients have the sole responsibility of dealing with any information or advice presented as they see fit. It is especially important that you be very careful about interpreting health-related matters that come up. You should always check your health status with capable and reliable health-care practitioners.

I understand that it is not within the scope of a Foot Reflexologist to diagnose illness, disease or any physical or mental disorder, prescribe medical treatment or pharmaceuticals or perform spinal manipulations.

I understand the importance of communication in enhancing the therapeutic effects of the foot reflexology session. I will not hesitate to inform the Foot Reflexologist of any discomfort felt during the session and to exchange feedback after the session. I have stated all my known medical conditions and take it upon myself to update my health status during subsequent visits.

I understand that the care involved may include direct body contact by the therapist to facilitate techniques designed to address physical, mental and emotional stress-induced problems that prevent full integration of my capacities.

I release _____ from liability for any upsets, injuries or physical/emotional distress resulting from my participation in any designated therapy.

Client Name Printed _____

Client Signature _____

Therapist Signature _____

NOTE: Appointments are an agreement to reserve a portion of available office time. Missed appointments or cancellations less than 24 hours in advance of scheduled appointments (or before close of business on Friday for a Monday appointment) will be billed at the regular fee.