

sun&moon yogastudio

Breathe. Stretch. Relax. Repeat.

Do something special for yourself... Join us for a Yoga Spa Day!



Refresh yourself for the holiday season by joining Mara & Rixie for a day of community, pampering, and practice.

Wednesday, December 20, 2006

Time: 10 a.m.-4 p.m. -- Location: Fairfax

Fee: \$ 60.00 includes lunch & two ~ 1 3/4 hour yoga classes

***Optional Services: \$30 for 20 minute Reflexology or Massage**

\$20 for 20 minute Pedicure

*Advance reservations for optional services required. When signing up for optional please select one.
Please check one: Reflexology _____ Massage _____ Pedicure _____*

Pre-registration is required for this day. Space is limited.

Workshop Name: Yoga Spa Day

Location: Fairfax

Date: December 20, 2006

Time: 10:00am-4:00pm

Fee: \$ 60.00

Name: _____ E-mail: _____

Address: _____ Phone: _____

Payment: Credit Card: Visa MC Disc Card #: _____ Expires: ____/____/____

Signature: _____

Please make your check payable to **Sun & Moon Yoga Studio** and mail both your check and registration form to the location of the workshop:

Sun & Moon Yoga Studio, 9998 Main Street Fairfax, VA 22031